

LEVEL I: WEEK 4

Commands/Activities Covered:

1. "Stand"
2. "Place" (Finish)
3. Practice Routine

STANDING UP

Command: "Stand"

Act: Dog will stand still on all four feet.

Hand Signal:

Notes:

- **Stand** is a good command for your dog to learn, as it will come in useful when you need to wipe dirty paws or have the vet examine them. This command will keep them stationary until you are done.



Steps:

1. Have your dog sit on the left of you while holding their collar under their chin with your right hand.
2. Take your left hand and slide it under their belly.
3. Pushing your left hand backwards, press on the front part of their knee while you simultaneously pull forward on their collar with your right hand. You will now say, "[NAME] stand." Note: Do not apply upward pressure on their belly, as it is uncomfortable and will result in your puppy sitting.
4. Once standing, tell your dog to *stay*, count to three, release, praise, treat and repeat.
5. When your dog is comfortable in doing the above steps, start adding touch to the exercise. You will want to look in their ears and mouth, touch their feet, feel their chest/back/neck and pick up their tail. If they attempt to get up, tell them "uhh uhh" and "**stand**" as you put them back into position. You can also try using a towel to wipe their feet and body, as if they were wet or muddy.



PLACE (AKA "FINISH")

Command: "Place"

Act: Used after you call your dog to come, finishing them will put result in their movement into the heel position, standing at your side.



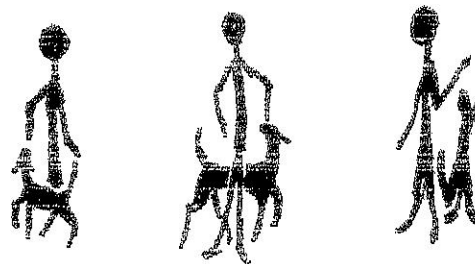
Notes:

- There are two methods that you can use for training this command. Both are listed below.

Steps:

The Around Method:

1. Start with your dog in front of you in the *sit* position.
2. Holding a treat in your right hand, give the command; "[NAME] place" then coax the dog to go around you from your right side to your left by moving your right (treat) hand behind your back. When your right hand is behind your back, switch the treat into your left hand.
3. Continue to move the treat hand towards your left side, doing so very slowly so that the dog will follow your hands. This will result in the dog going around you and ending up on your left side.
4. Once your dog has reached your left side, have them *sit*.
5. When your dog sits, be sure to praise, treat and release.



The Flip Method:

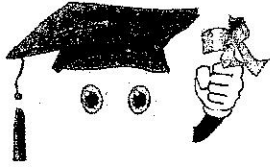
1. Start with your dog in front of you in the *sit* position, holding the lead in your left hand.
2. With a treat at the fingertips of your left hand, say, "[NAME] place" and bring your left hand backwards, slowly coaxing your dog to follow the treat.

3. When your dog's rear has reached your side, swing your hand slightly inwards as you bring it forward again. Your dog should turn around and end up in the heel position.
4. Once in the heel position, have your dog *sit* then praise, treat and release.



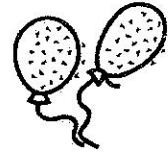
Routines to Practice

- ✓ **Sit-Stay:** Try turning around so that you are not facing your dog during the sit stay.
- ✓ **Leave It:** Use more enticing treats as a distraction to drop on the ground. Hot dog pieces work well for this!
- ✓ **Heel:** If your dog is doing well with heeling for one or two steps at a time, start adding steps and see how long they can keep your full eye contact. If you find that they are looking away or becoming distracted, you can use squeaky toys to redirect their attention back to you.

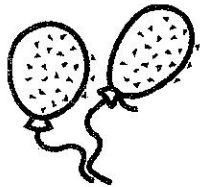


DON'T FORGET

NEXT WEEK IS GRADUATION



- ♥ Games - Win Prizes
- ♥ Review all skills learned
- ♥ Address any concerns
- ♥ Diplomas & Graduation Hats



BRING:

- ♥ Your Camera
- ♥ Food/Snacks to share w/People)

